CORONAVIRUS (COVID-19)



If you have recently traveled to an area affected by COVID-19 and are experiencing symptoms mentioned below, call ahead to your health care provider.

How is it spread?



Through the air by coughing and sneezing



Close, personal contact, such as touching or shaking hands



Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes

Who is at risk?



Travelers to and from certain areas are at increased risk, as are those close contacts of those who are ill



Current risk to the general public is low

What are the symptoms?

Illnesses can be mild, or in some cases be severe enough to require hospitalization. Symptoms of this respiratory illness primarily include:



Fever



Cough



Shortness of Breath

How is it prevented?

- Stay home while sick; avoid others
- Cover mouth/nose with a tissue or sleeve when coughing or sneezing
- Wash hands often
- Avoid touching eyes, nose, or mouth with unwashed hands
- Avoid contact with sick people







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